

9 km cava jogging Huivelde

Mannen

Place	Bib #	Name	Time	Type	City	
1	199	BRYAN ROOSENBOOM	00:31:59.72	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:10:00.805	11.2mph	05:22	00:10:00.805
		Split 2	00:10:47.403	10.4mph	05:47	00:20:48.208
		Split 3	00:11:11.513	10.0mph	06:00	00:31:59.721
2	197	FRANKY SIGIN	00:36:04.74	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:20.790	9.9mph	06:05	00:11:20.790
		Split 2	00:12:11.569	9.2mph	06:32	00:23:32.359
		Split 3	00:12:32.382	8.9mph	06:43	00:36:04.741
3	181	BART STUYVEN	00:36:42.04	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:47.324	9.5mph	06:19	00:11:47.324
		Split 2	00:12:20.034	9.1mph	06:36	00:24:07.358
		Split 3	00:12:34.687	8.9mph	06:44	00:36:42.045
4	186	MARNIK SNOECK	00:38:31.19	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:11:54.679	9.4mph	06:23	00:11:54.679
		Split 2	00:13:03.076	8.6mph	07:00	00:24:57.755
		Split 3	00:13:33.443	8.2mph	07:16	00:38:31.198
5	168	ARNE MICHELS	00:38:54.73	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:50.459	8.7mph	06:53	00:12:50.459
		Split 2	00:13:02.167	8.6mph	06:59	00:25:52.626
		Split 3	00:13:02.106	8.6mph	06:59	00:38:54.732
6	169	LANDER VAN DAMME	00:38:55.09	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:12:50.218	8.7mph	06:53	00:12:50.218
		Split 2	00:13:02.650	8.6mph	06:59	00:25:52.868
		Split 3	00:13:02.222	8.6mph	06:59	00:38:55.090
7	194	STEFAAN SEGAERT	00:41:42.28	Runner	Lokeren	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:29.512	8.3mph	07:14	00:13:29.512
		Split 2	00:13:53.752	8.0mph	07:27	00:27:23.264
		Split 3	00:14:19.021	7.8mph	07:40	00:41:42.285
8	183	LUCAS DE KEYSER	00:43:31.54	Runner	Waasmunster	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:22.625	8.4mph	07:10	00:13:22.625
		Split 2	00:14:36.862	7.7mph	07:50	00:27:59.487
		Split 3	00:15:32.054	7.2mph	08:19	00:43:31.541
9	189	MARK CASTELIJN	00:43:39.66	Runner	Bazel	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:13:27.206	8.3mph	07:13	00:13:27.206
		Split 2	00:14:49.793	7.5mph	07:57	00:28:16.999
		Split 3	00:15:22.665	7.3mph	08:14	00:43:39.664
10	201	CHRIS SCHELKENS	00:44:27.75	Runner	Dendermonde	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:42.129	7.6mph	07:53	00:14:42.129
		Split 2	00:14:50.719	7.5mph	07:57	00:29:32.848
		Split 3	00:14:54.908	7.5mph	08:00	00:44:27.756
11	148	ERIC VAN DAMME	00:45:26.64	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:31.181	7.7mph	07:47	00:14:31.181
		Split 2	00:15:16.989	7.3mph	08:11	00:29:48.170
		Split 3	00:15:38.471	7.2mph	08:23	00:45:26.641
12	209	FRANS DE RYCK	00:51:04.56	Runner	Kruibeke	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:26.306	6.8mph	08:49	00:16:26.306
		Split 2	00:17:11.077	6.5mph	09:13	00:33:37.383
		Split 3	00:17:27.182	6.4mph	09:21	00:51:04.565
13	179	ANDY SLOCK	01:05:15.00	Runner	Florenville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:39:19.887	2.8mph	21:05	00:39:19.887
		Split 2	00:12:46.208	8.8mph	06:51	00:52:06.095
		Split 3	00:13:08.905	8.5mph	07:03	01:05:15.000

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Place	Bib #	Name	Time	Type	City	
1	185	MARIJKE DE KERF	00:45:16.70	Runner	Hamme	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:14:30.360	7.7mph	07:46	00:14:30.360
		Split 2	00:15:17.110	7.3mph	08:11	00:29:47.470
		Split 3	00:15:29.230	7.2mph	08:18	00:45:16.700
2	159	DORIEN PEELEMAN	00:51:03.49	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:16:17.472	6.9mph	08:44	00:16:17.472
		Split 2	00:17:19.037	6.5mph	09:17	00:33:36.509
		Split 3	00:17:26.981	6.4mph	09:21	00:51:03.490
3	154	LIESBETH LEBON	00:53:48.11	Runner	Zeleville	
		<u>Split Description</u>	<u>Split Times</u>	<u>Speed</u>	<u>Pace</u>	<u>Cumulative</u>
		Split 1	00:17:12.579	6.5mph	09:13	00:17:12.579
		Split 2	00:17:28.459	6.4mph	09:22	00:34:41.038
		Split 3	00:19:07.080	5.9mph	10:15	00:53:48.118